

FULL PROGRAMME



SPANISH EXPRESS

Level II: Living and Communicating in Real Contexts

GENERAL INFORMATION

LEARNING MOBILITY FOR ADULTS IN BILBAO (SPAIN)

DURATION: 4-day itinerary (5 hours/day + optional

LOCATION: cultural visits)

FORMAT: Bilbao, Basque Country (Spain)

LANGUAGE OF INSTRUCTION: Physical, Group Learning Mobility English

HOST: Media Creativa

KEY TOPICS:

- Daily communication and extended conversations.
- Family, routines, tastes, and personal interests.
- Shopping, preferences, and comparisons.
- Asking and giving directions (complex structures)
- Public services and problem-solving.
- Basque culture and bilingualism.

TARGET GROUP:

Adults, adult trainers or educators and volunteers with an elementary knowledge of Spanish (A1–A2) who wish to strengthen their oral expression, comprehension, and cultural awareness through practical, immersive learning.

“You live a new life for every new language you speak. If you know only one language, you live only once.”

– Czech prover

LEARNING OBJECTIVES

- To **expand communication skills** to maintain short conversations and express opinions or preferences.
- To **reinforce grammatical and lexical structures** in practical contexts.
- To **strengthen confidence and fluency** through experiential and outdoor learning.
- To **develop intercultural sensitivity and understanding** of Basque identity.
- To **encourage teamwork and creative problem-solving** in real-life interactions.



METHODOLOGY

The course integrates **communicative and task-based learning** with gamified and experiential approaches. Each day **combines short grammar and vocabulary workshops with real-life challenges**, role plays, and field-based missions **in local environments**.

Techniques include:

- **Interactive grammar mini-sessions** linked to real use.
- **Language missions and outdoor games** (treasure hunts, linguistic challenges)
- **Storytelling** and creative **dialogue building**.
- **Peer collaboration** and reflective feedback.
- **Cultural immersion** and contact with locals.

Informal learning (shared meals, social outings, spontaneous dialogues) is used strategically to reinforce authentic communication.

The **programme concludes with a structured evaluation process**, both **individual and collective reflection**, receiving feedback, and developing personal action plans for applying and disseminating the results in their local communities and professional environments once the programme is over.

DAY 1 - Talking about ourselves | Stories, families, and daily life

Welcome and group integration. Presentation of the course programme, participants, and objectives. Ice-breaker activity “Two truths and a lie” to activate prior vocabulary.

Language warm-up: Building on what we know. A dynamic session to get everyone speaking and activate what we already know. Through short games and mini challenges, participants will review useful grammar and vocabulary, discover what they need to reinforce, and start using Spanish naturally from the very beginning.

“Find someone who...” challenge. Participants will take part in a fun speaking activity where they ask and answer simple questions in Spanish to find classmates who match different descriptions. It’s a lively way to practise vocabulary and question forms while getting to know each other.

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**Training sessions run approximately from 9:00 – 14:00, with optional cultural activities in the afternoons.*

DAY 1 - Talking about ourselves | Stories, families, and daily life

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Cultural micro-session: Life in the Basque Country. A relaxed and interactive look at local life. Through images, short videos, and real stories, participants will discover Basque customs, celebrations, and everyday habits—from family gatherings to traditional food and social life. They will learn useful expressions and cultural tips that make conversations more natural and help them feel part of the community.

Outdoor mini-mission – My story map. After the cultural session, participants will go outdoors to observe local life and collect small details —photos, signs, or impressions— that reflect everyday culture in the Basque Country. These elements will be used the next day to create a short personal story map connecting their own experiences with local traditions.

DAY 2 – Everyday encounters: Food, preferences and local life

Language focus: Talking about likes and preferences. Participants will start the day by using the **elements collected** for their story map to **review and expand vocabulary** about tastes, routines and local habits. **Short grammar reminders** (gustar, preferir, comparatives) will be integrated through **pair dialogues** and **quick interactive exercises**.

Cultural vocabulary lab: From markets to pintxos. Participants will **explore the language** of food and shopping through visuals, short texts, and group brainstorming. They will **learn useful expressions** for describing flavours, asking for products, and interacting politely, **linking** language with **Basque gastronomy** and **daily habits**.

Market role-play: Negotiating and choosing. Working in small groups, participants will **simulate real situations at a market or café**. Each team will **solve small communication tasks** such as ordering, comparing options, or asking for recommendations. Trainers will **help refine pronunciation** and **encourage natural interaction**.

Cultural activity: Pintxos and local flavours. To finish the day, participants will **discover** one of the **most social aspects of Basque culture —the pintxo tradition**. In a relaxed environment, they will learn key expressions for ordering and socialising while enjoying typical local food. The activity also serves as **a space for informal conversation and reflection on the day's learning**.

DAY 3 – En la ciudad | Getting around and making plans

“City explorer” warm-up. Participants will review and expand vocabulary related to transport, directions, and leisure activities. Through short dialogues and games, they will practise useful expressions for moving around the city and planning social activities.

Speaking practice: Inviting and making plans. Participants will work in pairs and small groups to practise inviting others, accepting or refusing politely, and talking about free-time activities using real-life examples.

Outdoor gamified activity: Bilbao City Quest. In teams, participants will take part in a gamified city ginkana using maps, QR codes, and challenge cards to discover key landmarks in Bilbao. At each stop, they will complete short language or cultural tasks—including interacting with locals—to unlock the next clue. The day ends with a short reflection on what they learned through the experience.



DAY 4 – Living together: Services, help and community life

Grammar focus: Useful expressions and polite forms. Participants will review and practise useful grammar structures for everyday requests (puedo, quiero, necesito, me gustaría...). Through short dialogues and games, they will learn how to ask for help or information in common situations.

Role play: Everyday scenes. In small groups, participants will perform short improvised scenes set in places such as the doctor's office, a bus stop, or a local information desk, practising polite interaction and clear pronunciation.

Guest talk: Basque bilingualism and identity. Participants will meet a local speaker who will share everyday expressions in Euskera and explain how bilingualism influences daily communication —linking back to the cultural experiences explored throughout the course.



DAY 4 – Living together: Services, help and community life

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Interactive activity: The Help Desk Challenge. As a **final step** in their learning journey, participants will **take part in a gamified** group activity where they **play the role of different community services** —using Spanish to respond to real-life requests. This challenge brings together the **vocabulary, expressions and cultural awareness** developed throughout the week, encouraging teamwork, confidence and spontaneous communication.

Closing ceremony and certificates. Participants receive **Erasmus+ certificates**, take a group **photo**, and celebrate with a small local snack (pintxos, coffee, or cake) to **reinforce cultural exchange and group cohesion**.

Stories, families and daily life	Food, preferences and local life	Exploring the city	Living together
Welcome & presentation	Talking about like and preferences	“City explorer” warm-up	Expressions and polite forms Grammar
Language warm up	From markets to pintxos Vocabulary lab	Inviting and making plans	Everyday scenes Roleplay
“Find someone who...”	Negotiating and choosing Market role-play	Bilbao City Quest Outdoor gamified activity	Basque bilingualism and identity Guest talk
Life in the Basque country	Pintxos and local flavours		The Help Desk Challenge
My story map			Closing ceremony and certificates

** Some changes in the programme are possible. The content of the course is always adapted to the participants' previous knowledge, expectations and requirements. The participants receive the informational kit a few weeks before the start of the course.*

COMPETENCES

to be acquired by the participant



Increased fluency and accuracy in real communication contexts.

Confidence in managing common situations (shops, transport, services).

Ability to interact naturally using appropriate grammar and vocabulary.

Understanding of Basque culture and linguistic coexistence.

Improved collaboration and intercultural communication skills.

METHODS OF MONITORING AND MENTORING the participant before, during and after the mobility



Ongoing contact with the mobility participant.



Questionnaire before and after mobility.



Mentoring by the host and the sending organisation.



Verification of the participant's concerns and expectations.



Individual interviews.



Reflections and debates where the quality of the learning outcomes will be assessed.



Meetings with other participants in the mobility.



Participant report.

Expected use of the RESULTS & EVALUATION

Application of
learned
expressions in
daily interactions.

Increased
participation in
community and
social contexts.

Sharing the
learning
experience with
peers and local
groups.

Contribution to
personal
integration and
self-confidence in
multilingual
environments.



CERTIFICATION & MATERIALS

Certificate of participation
(Erasmus+ format)

Digital access to learning
materials and vocabulary
sets.

Participant reflection journal.

Post-course learning
recommendations.

Ready to deepen on your Spanish skills?

Check dates and register your participation vía email.

Contact: info@mediacreativa.eu

